



**Guideline for Initiating School-based Archery Curriculum**

**1. Venue**

- Potential field site: covered playground, school hall, rooftop basketball court etc.
- Selection criteria for potential field site: (i) covered ceiling (ii) 18 meter in length
- Installation work for modifying the potential field site into a suitable field site:
  - (i) Installation of safety net (Two sides + rear end)
  - (ii) Installation of rooftop cover (applicable for rooftop basketball court)
- Safety Measures:
  - (i) Safety net must be installed at two sides & at the rear end for fencing off & surrounding the archery field
  - (ii) Athlete mat & movable whiteboard should be placed behind the net next to the staircase
  - (iii) Clear warning signpost (e.g. Yellow plastic chain & pole, warning sign) displayed at the peripheral area surrounding the safety net for signify others to be aware of the archery field

**(i) Setting up & Closing of Archery Field**

- The following is a rough estimation of schedule for setting up or closing an archery field

Task	Duration
<b>[Safety]</b> 1. Spread the safety net at the two sides & rear end 2. Place P.E. mat / whiteboard to block the area near staircases 3. Hang safety line & signpost to signify others archery practice is in place	10 mins
<b>[Setting up target &amp; bow]</b> 4. Set target stand in place & place target on top of target stand 5. Pin target face on target 6. Assemble & set-up recurve bow	5 mins

**2. Staff**

- P.E. teachers & other responsible teachers: complete & acquire the qualification of being ‘Archery Instructor’ as stated by Hong Kong Archery Association to be qualified to hold & monitor archery learning activities in campus (Details refer to the attached document)
- Hiring a project assistant/teaching assistant for administrative work, logistics arrangement and management of archery learning activities in campus

Project Leaders / P.E. Teachers	Project / Teaching Assistant
1. Develop learning activities (e.g. archery lessons incorporated into regular P.E. lessons, regular training sessions for school archery team) 2. Develop whole-school activities (e.g. inter-house archery competition) 3. Develop cross-curriculum (e.g. incorporating mathematical & physics element)	1. Administrative duties (e.g. stock checking) 2. Purchasing & ordering consumable 3. Setting up & Closing archery field before & after lesson / training 4. Assisting coaches / P.E. teachers in monitoring students’ discipline during lesson time

**3. Equipment**

- The following list of equipment is set on a basis of a class size of 27 students with 2 students working in a pair:

**(i) Regular equipment**

Item	No. of Units
1. Recurve Bow <i>(*Be aware of light-hand or right-hand version, normally 2:8 ratio of light-hand &amp; right-hand bow best fit diverse students’ needs)</i>	10 pieces
2. Bow stand	9 pieces
3. Arm guard	30 pieces
4. Finger guard	30 pieces
5. Target <i>(*Be aware of the effect of humidity on the storage condition if grass-made target used. A dry and shaded storage condition is recommended)</i>	3 pieces
6. Target stand	3 pieces
7. Net on the side	2 pieces
8. Net at the rear end	1 piece

**(ii) Consumable**

Item	No. of Units
1. Arrows	5 dozens (60 pieces)
2. Target face	2 packs (100 sheets)

**(iii) Storage & Management of Equipment**

- All equipment should be stored in a dry, locked room next to the archery field. (E.g. P.E. store room next to covered playground)
- Be aware of the adverse effect of humidity on the condition of equipment, especially grass-made target. A dehumidifier may be considered to be used to keep the storage room in a dry condition.
- Recurve bow together with accessories should be clearly labelled (light-handed or right-handed) and kept as a whole set by either:
  - (1) hanging on a cupboard or
  - (2) placing in a separate box

**(iv) Suppliers**

- All of the above equipment & consumables can be purchased in the following international and local suppliers (only some are listed here for reference):
  - JVD Archery (International supplier, large-scale)
  - Lancaster Archery Supply (International supplier, large scale)
  - Archers Gate Sport Ltd 箭藝門體育用品有限公司 (Local supplier)
  - Golden Trust Archery 金信射箭用品公司 (Local supplier)
  - Hong Kong Archery Services Company Limited (Pro Archery) (Local supplier)
  - Hong Kong Archery Centre (Local supplier)
  - Hong Kong Archery Workshop (香港射箭坊) (Local supplier)
  - Target X Archery (射箭基地) (Local supplier)

**4. Learning Teaching Activities****(i) Archery Lessons during P.E. lessons for Junior Secondary Students (S.1 – S.3)**

- During the time-tabling stage, the following considerations should be included:
  1. P.E. lessons should be arranged in consecutive manner as possible to minimize the time spent on setting up the field & disturbance caused to others
  2. P.E. lessons should avoid being arranged in front of lunch time as this may cause serious troubles to setting up table and chair for lunch session
  3. P.E. lessons are best arranged in lessons before recess or the last lesson.

**(ii) Archery Team Training****(iii) Whole-school Activities (E.g. Inter-house Archery Competition)**