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How I EXPLORE  
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# 「賜座男」的啟示

1S 朱星燁

二零一零年六月，一名十七歲的香港中學生在公車上霸佔兩個座位，不肯讓座，使一位大叔站在旁邊苦等。中學生被人批評，卻連以極不禮貌的話反駁。這事件曾引發網路上的激烈討論。你們還記得嗎？

這件事除了引起了廣大市民的評論，也被各大傳媒爭相報導，隨後也引起了很多人的討論事件的源頭。而該青少年在公車上的所作所為，在網站上被公開，並遭到網民猛烈的抨擊。

一個由新浪網所發問的問題：「中學生為什麼會有如此行徑」，有以下三項選項：「家長、學校沒有給予應有的道德教育」；「社會氛圍的薰染」；「心智發育不健全」，而票選的結果是以「家長、學校沒有給予應有的道德教育」以及「社會氛圍的薰染」得到最多票數。

在網民的角度來說：他實在是太過份了，先是不讓座給老人家，後是對維護老人家的女士說粗言穢語，簡直是無法容忍，因此就引來了一大群人「惡搞」他，什麼「禁止他出外留學，以免對香港印象有影響」，封他為「賜座男」等等，有一些人更嘗試「人肉搜尋」他，將他的個人資料如住址、聯絡電話、就讀學校……幾乎所有的個人資料都洩漏出去。在這種情況下，所有人都認為這些「待遇」都是他活該的，是報應。這些網民的行為，正是跟投票結果吻合。

這投票結果在一般人眼裏，似乎是理所當然，但在我的角度而言，卻是諷刺。因為票選結果不但反映了「賜座男」的行為，我認為結果也反映了網民的態度。他們根本沒有持一個中立的態度去判斷事件，只懂跟紅頂白，一沉百踩。簡單而言，

這是一個關於社會風氣以及網絡欺凌的事件，網民就成了破壞該有的風氣的破壞者！

在於我的角度，我明白每個人都會有犯錯的時候，不論是大錯抑或是小錯，最重要的並不是他如何犯錯，最重要的反而是他如何改過。無論在甚麼地方，處於甚麼情況，我們都需要機會。在這件事上，「賜座男」的確有做錯的地方，但又是否代表我們連一次機會都不給他，不讓他改過來，讓他的一生都活在輿論壓力底下，要他永不翻生？當然不是！相反，我們更加應該給他機會，讓他從黑暗走出來，使他感受太陽的溫暖，使他一步一步地步向陽光。

不良的社會風氣是整件事的成因，包括「賜座男」於公車上的行為以及網民一些具侮辱性的字眼。要杜絕這些行為或這類人出現，最直接的方法當然是修訂法例，但有可能需要較長時間，而且這是個治標不治本的方法。我認為最治標又治本的方法是宣傳以及公民教育：學校可以提供一些講座以及訓示等等，再加上父母的親子教育，成效必然比單單立法來得顯著。

再評論我們這些旁人在這件事上應該持什麼態度。答案：客觀。旁人在這事件上，必定要持客觀態度。我們可以藉這些事例作為反面教材，反省過去我們有沒有做過類似的行為。我們也可以從以下幾點想想：為什麼「賜座男」不讓座？身為旁人，看了之後會不會有樣學樣，這事件會否構成社會風氣上的影響？假若你是「他」，你還會怎樣做呢？

只有將心比己，我們才可以向著太陽奔跑，感受到生命裏的陽光以及溫暖，從而使自己的人生更加豐富，更加美好！

## 賴毅暉老師評語：

能從熱門社會事件中反思，可見同學懂得分辨「應該」與「不應該」。古人常說：嚴以律己，希望同學能時刻提醒自己：己所不欲，勿施於人。

# 道不同，不相為謀

1S 許棕皓

人生道路上，不少人本着自己的原則來處事待人，當然不是每一個人的原則也一樣，很多時候，當我們意見不合的時候，處事方式不同的人或會與他們發生爭執，甚至放棄與人商討意見的機會，很多人認為大家的意向不同，意見不合，那就無必要跟大家商討或合作，我認為這就是「道不同，不相為謀」。

在二十一世紀這個新時代，我們是否要抱着「道不同，不相為謀」這個大原則來待人處事？我們是否應該放下成見呢？

在讀書的過程，往往都有兩種態度的學生：一種是懶惰，而另一種是相反—勤奮。一般來說，懶惰的學生只會守株待兔，等待奇蹟降臨，期望幸運帶給他好成績。而勤奮的學生就會不斷

努力地溫習，為將來打點一切。如果他們兩種人合作做一份功課，你認為他們能達到共識嗎？

事實上，人與人之間必須共同協議達成共識，當我們與別人想法不同時，我們既要堅持心中所想，也要平衡別人所想，這才是真正待人處事的態度。

總而言之，當與人「道」不同時，是否要「不相為謀」？還是「仍有商榷的餘地」？可以確定的是，如果我們依然抱着「道不同，不相為謀」這句話處事待人，我們難以在如今的社會上立足，也許就如古人般懷才不遇，仕途失意，命運坎坷。

## 1J 黃筱婷家長評語：

或許許同學人生經驗尚淺，看待事物比較簡單，非黑即白。其實社會到底有沒有真正的黑與白呢？值得人深思。我認為，在「大是大非」的問題上，的確「道不同，不相為謀」。但現今社會全球一體化，人是群居動物，不可能獨善其身。我們應求同存異，才可和平共處。

# 繁華大街中的尊嚴

4N 李菁悠

這條座落於銅鑼灣鬧市中的大街，是我每星期到補習社必經的街道，每次從港鐵站走出來，耳邊總會響起一陣陣熟悉的音樂——那是一首古老但家喻戶曉的歌曲《上海灘》。那位用口琴吹奏樂典的是一位瞎眼伯伯，他那種投入而認真的態度，總會令我想起舞台上的藝術工作者，令我有一種肅然起敬的感覺。

這位瞎眼伯伯每次也穿戴整齊，臉上架着一副黑色的墨鏡。雖然頭髮斑白，臉上佈滿皺紋，背有點佝僂，衣服也有點破舊，但每當他用口琴吹奏音樂時，臉上便散發出一種認真而執着的神情，好像告訴我們：雖然他並不是在大劇院演奏，但在那一個小小的角落裏，彷彿已是他的小型舞台，他會傾盡全力，用心去吹奏一些令人感動、喜愛的樂曲！相比時下一些偶像歌手，只靠外表去吸引觀眾，伯伯卻憑着高超的音樂造詣去打動人心，不是更令人敬佩嗎？儘管過路的人很多時只是匆匆一瞥，或是木然而過，但伯伯仍然是那麼專注、那麼投入，我在他臉上看到一份人性的尊嚴，一份敬業樂業的精神！

在瞎眼伯伯的身旁，放着一個小小的鐵盒，每次當我路過時，眼睛總會掃一掃盒內有多少

錢？那是否他的全部家當？他今天的晚餐吃得飽嗎？天氣轉涼了，他為何仍穿着得那麼單薄？他的家人在何方？他是否只靠街頭賣藝維生？這一連串的問題，時常縈繞在我的腦海裏！

我想：與一些依靠綜援過活的人比較，這位瞎眼伯伯能夠靠自己的一技之長去賺取生活費，豈不是教人多了一份尊敬？他雖然年紀老邁，但仍然憑一己之力掙扎求存，用悅耳的音樂去換取微薄的報酬，路人為何仍是那麼吝嗇呢？在他的人生旅程中，究竟經歷過什麼？為何他不能像一般長者有子女供養而安享晚年，而要選擇在街頭賣藝呢？這背後或許有很多令人辛酸的故事吧！

這天當我再次路經這條繁華大街時，卻不見了瞎眼伯伯的蹤影！頓時，我的心裏有一份失落的感覺！伯伯為何不在街上吹奏《上海灘》？他是否生病了？或是他的家人希望他在家中享福，不用奔波勞碌？這條熱鬧的大街沒有了伯伯的音樂好像失色了不少，我的眼睛也有點潤濕……

我盼望再次看到伯伯用一技之長去賺取金錢，希望繁華大街中伯伯為藝術、為生命而吹奏的那份尊嚴可以再次重現！

## 黃明珠老師評語：

生活中有許多微不足道的小事，也有許多不起眼的人。很多時候我們會忽視、我們會忘記，可是，如果我們仔細看，如果我們細心留意，這些「小」事物會使我們得到「大」啟發。同學能有懂得欣賞的眼光，而且觀察入微。但願同學的眼睛能看到更多美事。

# 氣

5M 劉智豪

「氣」，從氣部，有雲氣之意。有呼籲、氣息的意思，亦有米飯的意思。在中國文化、哲學以至醫學都認為「氣是生命的根源、能量」。

孟子說：「我善養吾浩然之氣。」何謂浩然之氣？浩然之氣是源自於正義之心，那是一種反映內心有何種德行、道行的標準。這一種氣是由正義的行為一點一點去累積。如果做出於心有愧的事，這種氣便會減弱。所謂的浩然之氣也可以理解為一種勇氣。如果問心無愧，自然無所可憂，履行公義、道德，自然就有勇氣去做事，反則就背棄良心。行事不正，自然就沒有勇氣去做事。

文天祥在《正氣歌》中寫道：「天地有正氣，雜然賦流形。」文天祥提到天下間都存在正氣，人稱浩然之氣。在文天祥寫此《正氣歌》時正值朝廷滅亡，本來身居丞相之位的文天祥馬上淪為囚犯，被困在地牢中。文天祥在歌中所抒發的是自己的愛國之心，他以太陽、星宿的光輝去比喻人的正氣。當國家太平盛世之時，忠臣們和氣一團，為朝廷效力。當國難當前，忠臣們就展出浩然之氣，為了國家、道義而挺身而出，奮勇救國。忠心、愛國之心給予了他們一份勇氣，一份浩然之氣。

除了中國的文化和哲學之外，醫學對「氣」也有不同的詮釋方法。

在中國的醫學中，「氣」是生存基本，是生命的泉源，中醫的「氣」可以理解為能量，我們天生就帶有生命的力量，但隨時間的過去，我們生存的力量就會慢慢減弱，所以我們要通過修道、進食、調理，使我們生命力回復，當一個人的「氣」用盡之時就會死去，也就是俗語所說：「氣數已盡。」而人本身對於德行的修為也會影響自身的氣數，當心中並無憂無懼，自然就會使人精神，有勇氣、力量去做正義之事，反則會終日憂心被人所害而致鬱鬱而終，所以問心無愧才是真正使人身心健康之道。

在中國醫學之上，有醫師及武者亦就此成立了氣功，以運用我們自身的氣。

氣功是通過對自身的活動、呼吸以至思想的鍛鍊，以達到延年益壽的效用，但當中亦要有德行的修鍊，以做到心無邪念才可以將氣功用在那正確的地方。

在中國的傳統文化中，「氣」佔了一個十分重要的地位，例如歷代文人所追求的「浩然之氣」，中醫的「氣數」以及武者的用「氣」。在這數個領域之中德行的修為都是十分重要的，可以中國人對於自身道德、道義都有一個頗為高的要求，這是直到現代社會都適用的一套做人處事的態度。

## 1M 許穎寶評語：

作者運用了數據說明及引用說明等方法，並加以解釋。作者清楚、易明的解說使文章有條理，我使我對「氣」這個抽象的字有更具體的了解。

# 南京大屠殺

5N 彭瑞恩

日本人稱「南京大屠殺」為「南京事件」，明顯地淡化「南京大屠殺」的嚴重性，對他們而言只是一件「小事」。日本甚至認為南京大屠殺只是中方憑空捏造的反日外交工具，故屢次篡改當年的歷史。相反，對中國來說這是一件極其侮辱的國恥，自然會以「大屠殺」來形容當年日軍在南京所犯下的暴行，來突顯其嚴重性。從上可見中日兩國對南京大屠殺事件有著不同的詮釋，本文將分析兩國存在不同看法的原因和心態。

首先，在中國方面，當時中國國力衰弱，國民黨與共產黨因抗日展開了國共第二次合作，共產黨的紅軍在與國民黨的五次圍攻中損失慘重，雙方兵力耗損，加上中國武器遠遜於日本，故無力對抗強大的日軍，但中國軍人仍然士氣高昂，喚起了敵愾同仇的心理奮勇抗敵。日本的軍隊在侵略南京時毫不手軟，他們隨意踐踏生命，手段殘酷。《苦海南京》一書記錄了日軍對南京人民施行暴行，包括用針以及錐把中國人刺成血人；把人掉進大糞池裏活活的臭死；從頭上點火並將小孩向上拋而穿插至死，並將之作爲一個比賽；也可以將人頭砍開兩半後掛在長槍上。

此外，在中國人眼中，日本焚燒十五萬未斷氣的活人及屍體以毀屍滅迹，以圖推卸責任。這種行爲是極度可恥，中國人不得不徹底憤恨日本人，加上屢次篡改教科書，如將「侵略中國」改成「進入中國」，太平洋戰爭說成是「解放亞洲的戰爭」，捏造中國擁有強大的路軍，將南京大屠殺和慰安婦的內容刪除。但根據中國的歷史，

日本人對中國婦女、嬰兒虐待、強姦、殘殺、掠奪，他們成爲日軍屠刀下的犧牲品。但日本方面至今仍未承認南京大屠殺一事，反指事件純粹是由中方捏造出來，如在2012年2月23日，日本名古屋市長河村隆之，再度拒絕爲撤回否定南京大屠殺的發言而道歉，東京都知事石原慎太郎甚至支持其言論，使中國人至今也無法接受不肯道歉的日本。

然而，在日本方面，日本人因爲自幼被灌輸軍國主義及武士道精神，他們因而變得輕視自己或他人生命，總是以國家爲主，認爲「忠於天皇，光榮至死」是種榮耀。這思想瀰漫於各階層，令他們做事較隨心所欲且極端。其次，日本在明治維新後提倡了大陸政策，使本來已有「地理危機感」、四面環海的島國、沒有充足資源的日本轉移視線，並支付當時侵略及改革時對資源極大的需求，對抗全球經濟衰退。

再者，日本人受忠於天皇的思想薰陶，日軍對於殺人這殘暴的行爲沒有反省的意識。如《東史郎日記》指出：「今天他們(日本軍官)又在中國人推倒、猛打，打到半死狀態時，把他們推到壕溝，從頭上點火以折磨至死。爲了消遣時間解悶，大家都是這樣取樂，這要是在日本內地，會造成「大事件」，可見他們是知道事件的嚴重性，但不在己國則不加以理會，放縱自己，如在殺狗宰貓。」加上日本政府否認事件並殺害對事件抱溫和態度的官員，將教科書上的字眼如「入侵」寫爲「進入」南京，否認屠殺或以百姓生命

作玩樂用途的行為。在《〈讀實新聞〉》隨筆記者小俣行男指出：「在戰場上盡是一些見不得人的暴行，但是這事絕對不能寫，只可寫在戰場上邂逅的友情和前後的佳話。」否則可以「將虛構事實，紊亂安寧秩序」的理由處以監禁緩刑，故傳媒被禁止轉載中國和西方媒體對南京大屠殺的報導，南京被粉飾為安寧祥和的地方了。

總的來說，中國對南京大屠殺一事的憤恨是可理解，無罪惡感的日軍可在閒時殺中國人取樂，如先掃蕩只有手無縛雞之力的老人，當作是臨睡前的熱身遊戲；然後才在屍堆中找個乾淨的位置睡覺，可見日本人對中國人的身心、人體、國體從沒有尊重過，甚至戲弄百姓，更將女姓作殘忍的實驗，令人髮指。反觀日本，即使有了各方面的證據以證明日本對中國進行了不可理喻的大屠殺，他們也不願意負責，道歉或承認過錯，只是篡改教科書，澄清及否認報章刊登的事實，殺人滅口，管制傳媒傳播的資訊等掩飾事實的真相。日本的教科書中卻只充滿了以天皇為中心的

觀念、亞洲支配觀、對他國優越感和本國中心史觀，隱瞞加害事實及受害者意識，把歷次戰爭責任推到中國身上，使日本學生在封閉的資源下認為日本所作的一切都是對的，一切戰爭都是由中國發起或捏造，日本總是被迫應戰，根本沒有殺戮的行為出現，甚至部分人完全不知道南京事件曾經發生，更不會知道日本政府更改了無法修改的歷史。可惜在2010年，日本政府再度修改小學教科書內容，決議將使中日兩國關係持續交惡，但主權問題仍未解決的釣魚台列明為日本國有領土，強化年輕一代對日本政府擁有釣魚台主權的意識。相隔多年，日本政府仍舊在幼年時灌輸愛國及謬誤的知識，再度無恥的修改歷史，以示日本才是強國，手段與掩飾南京大屠殺真相時雷同，不斷篡改歷史使國民被蒙在鼓裏，與外界消息隔絕，不會知道日本政府的黑暗面，失去了知情權，並在政府的假面保護下不知情的受外界指罵，繼續吸收荒唐、虛假的歷史。

### 林淑美老師評語：

日本政府只懂篡改歷史來逃避戰爭的責任，從不勇敢地反省當年的過錯。相反，二戰時日本的盟友德國人坦承地向受害國家道歉，至少安撫了受害人的傷痛，同時亦減輕了國家之間的仇恨。所以有歷史學家認為：「跪著的德國人比站著的日本人高大」，日本不敢面對事實，只會背著沉重的歷史包袱前行，成為其進一步發展的絆腳石。

# 思考

5V 黃俊希

正常的人生出來便懂得去思考。不過，雖具有思考的能力，但並不是每位都懂得去獨立思考。有些人好像懂思考但卻只是跟隨別人的想法，「捨人涕唾」、「捨人牙慧」和「人云亦云」，這些四字詞語都是形容那些缺乏己見的人，這些人不懂得去思考、不懂分析問題。不懂得思考的人很容易招致失敗，甚至滅亡。那究竟怎樣算懂得思考呢？

在《別摔在熟悉的路上》中的那隻野兔就是不懂得思考，因為牠只會重視邏輯和經驗，不懂得隨機應變。在故事中的野兔非常狡猾，在冬天的時候，當牠從窩中出來覓食時，它是小心翼翼的，一有風吹草動就會逃之夭夭。但走過一段後，如果是安全的，牠返回時也會走原路，結果就會中下獵人設置的機關。野兔之死就是因為被傳統智慧和邏輯所誤，而不懂得隨機應變改行其他路折返，因此野兔是不懂得思考的。

在雷曼迷你債券事件中受銀行唆使而購買雷債的人都不懂得思考。事件當中的投資者直接接觸進行零售的銀行，有購買的過程中，受到銷售員的慫恿，看見其他顧客購買便跟著購買，他

們沒有考慮購買債券的風險，有些甚至連雷債屬於哪一類型的債券都不知道便購買，甚至以為是低風險投資。結果雷曼破產，其迷你債券價值大跌，令很多人損失慘重。因此做人一定要有己見，要思前想後，才能減低失敗的風險。

我們在思考的過程中一定要作出適當的判斷，批判思考一定少不了。著名物理學家愛因斯坦的相對論，推翻了牛頓有數百年歷史的理論，推動了近代物理學的發展。而愛因斯坦成功的一個關鍵，就是他能夠應用批判思考，清楚地瞭解到當時物理學基礎的種種問題和局限。當然我們不一定要成為科學家，但要成功一定要懂得分析資訊和利用知識，以及運用靈活的認知創意去配合不斷變遷的社會環境，這才能帶領我們邁向成功。

雖然懂得思考不一定會成功，但是不懂得獨立，批判性思考就一定會失敗。因為不懂得思考的人會容易受騙，輕則招致煩惱，重則招致滅亡。思考得當，不單是對父母，對自己的一種報答，也是對生活的一種保障。

## 梁逢欣老師評語：

不懂得思考不可怕，可怕的是以為自己懂得思考。黃同學清楚指出世人之習性，人云亦云者眾，審慎敏銳者少，以致失敗受創的事屢見不鮮，實值得反思。望黃同學能常持此心、此智，迎接波濤洶湧、廣闊無邊的未來。

# 公平不公平

6V 黃婉清

現今社會受到西方文化及思想的影響，處處都在提倡平等，男女平等、種族平等、機會平等……一切一切都說是公平，只是，中國人根深柢固的思想及現代社會的現實，早已像慢性毒藥般，侵蝕著我們腥紅的血，直至骨髓亦化為灰燼也不能停止。

自我們出生的一刻，我們的性別、我們的父母、我們的家庭背景、我們的外貌，早已是一場不公平的開始，亦標示著人生的不公平正式上演。

所有人出生時都是光脫脫的，有的只能穿上尼龍麻布，有的卻能穿上絲絨綢緞，這就不公平，別小看家庭背景上的不公平，它已足以影響一生。身穿尼龍麻布的嬰兒，所擁有的物質自然較少，例如沒有較好的教育機會、學習特別技能如他國語言、琴棋書畫的機會亦相對身穿絲絨綢緞的嬰兒少，競爭力便自然減低。有的身穿尼龍麻布的嬰兒，受到跨代貧窮的因素，在社會上難以得到認同，甚至受盡閒言閒語及歧視。有誰不想當有錢人，無憂無慮？但命運就是如此的不公平，能改變嗎？不是不能，只是能改變命運的又有多少人呢？

我們都是獨特的，即使是雙胞胎，都各有專長，但卻因能力上的差異，往往使人感到不公平。有誰不想樣樣皆精，讀書時期考第一，工作時期平步青雲？偏偏，我們總是有弱點的，因此，人與人之間形成了對比。假如你是一位僱

主，你願意用十元聘請一名高學歷，高技能，個人修養好的青年，還是同樣地用十元聘請一名低學歷，低技能，不善於待人接物的青年？答案顯而易見。也許你會反駁以上的條件後天因素都能改變，我不否認，只是，家庭沒有經濟基礎，想要讀書，日後出人頭地嗎？可以，但只有十二年的免費教育，出國留學免談；想要報課外活動，擴闊社交圈子，發掘及培養個人長處嗎？可以，家中要有餘錢，不然免談。想要旅行，增廣見聞嗎？可以，待你長大後有能力時，沒錢的話，現在免談。這是無可避免的不公平。

再例如有人天生花容月貌，有人平平無奇，這是不公平得要命。有哪位女生不希望自己的姿色傾國傾城，有哪位男生不希望自己英俊瀟灑，玉樹臨風？有這種想法，自然是被現實的社會迫成的，因為面容姣好者，往往受到的得遇都是較好，因為往往都會有無事獻殷勤，為的是得到他們一眼的注視。已平平無奇之人，唯有受盡冷言冷語，硬著頭皮活下去。

傳統的男主外女主內觀念淡化，社會好像逐漸接受男主內女主外的家庭，但這只是虛假的幻像罷了。假如讓你遇上一個整天待在家中照顧小孩，打理家中大小事務的男人，一個卻在外頭搬搬抬抬，賺錢養家的女人，傳統中國人第一反應自然是反感，繼而為女人抱不平，再而數男人的不是，把「食軟飯」甚至再難聽的字眼一一附加

到男人的身上。就算不，亦會打從心底瞧不起男人吧。其實他們都只是在為自己的家庭付出，只是工作性質調換了，外界的目光就不同了，這不是真正的公平。

看見吧，世界就是如此的不公平。

不過，世界公平不公平，是在於你的一念之差。所謂改變不了環境，就改變心境。

男女不平等嗎？就該為自己能做到異性才能做到的事而感到驕傲，別人說什麼又何必過於在乎？她恨自己沒有一個像別人一樣顧家，細心的老公；她恨她自己沒有賺錢的能力，只能靠著老公生存。不如用自己的努力去改變。

既然每個人的專長都不一樣，那就向著自己的專

長努力吧！劉翹幼時是學習跳高的，但由於彈跳力弱，更一度被踢出校，幸好他發掘到自己的長處，繼而轉為練習跨欄，才有今時今日的成就。這便說明，只要能發掘到自己的長處，以長補短，無論背景條件是如何，甚至受著先天因素影響，一樣可以讀書時期考第一，工作時期平步青雲，結果，一樣的公平。

沒有花容月貌也不打緊，因為做人是但求問心無愧的，只要做好份內事，別人想挑剔也挑剔不了，總有一天會有一個欣賞你的人，得到屬於自己的幸福。

公平不公平？公平。

### 梁逢欣老師評語：

世人追求公平，希望得到公平的對待，卻不知真正的公平來自每人都有努力的權利。黃同學能深入思考「公平」這個議題，文章具正面鼓勵之意，值得一讀。

# Hong Kong —— An International Financial Centre

1M Hui Wing Po

From the 1950s to the 1980s, Hong Kong was an industrial centre. There were a few reasons why Hong Kong became an industrial city. Many Chinese industrialists and workers came to Hong Kong bringing their skills and capital to set up factories. It was also because the United Nations placed an embargo on China because China supported North Korea and the United Nations supported South Korea. Therefore, it decreased the entrepot trade which was a major trade of Hong Kong before the 1950s. Finally, Hong Kong sold low-priced goods and became popular in European countries.

In the 1980s, the salaries of workers gradually increased and the boss of the factories moved their factories to China. Eventually, Hong Kong changed from an industrial city to a financial centre. There are many causes for Hong Kong to be an international financial centre. Hong Kong is the hub of Asia, so it has a good geographical location. The industrialists and traders from Mainland China need financial services to support their businesses. Also, there is no foreign exchange control and low taxation which attracts foreign investments in Hong Kong. Finally, with Hong Kong's good communication, investors can get financial information and carry out

transactions conveniently.

Hong Kong, as an international finance centre, gets a wide range of financial services, such as making deposits, loans, buying and selling of shares, bonds futures, gold and exchange of foreign currencies. Banks are important for an international finance centre. The financial services of banks include depositing money, withdrawing money, exchanging foreign currencies, auto-payment for school fees and buying stocks/bonds.

I think being a financial centre is good for Hong Kong because people can use their wisdom to earn money instead of using labour. People will be more relaxed to do their work. They can earn more money than people who use labour, that's why Hong Kong is rich in Asia. There is a lot of money that goes in and out so that it creates a great economic prosperity in Hong Kong. But now, Hong Kong's advantages are shrinking some of the cities in China such as Shanghai are also financially strong, Hong Kong may even lag behind among these cities a few years later. Therefore, it is important for Hong Kong to be as competitive as it can be!



**Feedback by 5V Chu Sing Yung:**

I am impressed that Fiona has an in-depth understanding of the development of Hong Kong. She also uses a vast array of vocabulary items which raise the quality of this passage to a higher level.

# The First Opium War

1S Lo Kei Yan

## Introduction

There were two Opium Wars. The first one was called the Anglo-Chinese War, which involved Great Britain and China. It lasted for about three years, starting from 1839. It was called Opium War because it was caused by the opium trade.

## Background of Opium Trade

In the past, the Qing Emperor declared that all foreign merchants could only purchase Chinese goods with silver. At that time, the British had a great demand for Chinese tea and British merchants found that the payment in silver made a great trade imbalance. Soon, the British merchants found that selling opium to China could solve this trade imbalance problem because the Chinese enjoyed using opium for its mind-changing effect. Between 1821 and 1837, opium was shipped from India by British merchants in a large amount.



## Outbreak of the First Opium War

As more and more Chinese became addicted to opium, the Qing government attempted to end the opium trade. The efforts were, however, not effective at the beginning because the local Chinese officers were corrupted.

Until 1839, Daoguang Emperor appointed Lin Zexu as the governor of Canton with the mission of banning the opium trade. He required all British merchants to sign a 'no opium trade' bond, and hand over all opium for destruction. Lin destroyed the opium at Guangzhou in May. One month after the destruction, two British sailors killed a Chinese in Guangzhou. There was an argument about the justice methods between the two governments. The British refused to hand over the sailors to China, and thus, all British were expelled from China. Eventually, the war broke out in July. Without modern weapons, China was defeated in August 1842.



### ***Consequence of the First Opium War***

To end the huge number of deaths, the Qing government, at last, agreed to sign the Treaty of Nanjing. The Qing government was forced to pay \$15 million to the British merchants as compensation of the opium destruction. Moreover, five ports, including Shanghai, Ningpo, Fuzhou, Xiamen and Guangzhou, were opened to all traders. Furthermore, Hong Kong Island was ceded to Britain.



### ***Comments***

As British merchants could gain a lot by selling Chinese tea in Britain, they kept on paying a great deal of silver in exchange for the Chinese tea from China. They even thought of selling opium to the Chinese to solve the trade imbalance problem later on. There is no doubt that the British merchants were immoral to import opium, which is harmful to people's health. Also, Lin Zexu's decision of destroying opium was the most effective and direct way to save the Chinese from being addicted to opium, and to save the country, even though it caused the outbreak of the First Opium War.

Apart from that, the main factor of the failure in the Opium War for China was the incompetence of the Qing government. The Emperor and the officers were too proud of their dynasty and refused to admit that their weapons were far behind those of the outside world. They would rather spend money on building unnecessary luxurious palaces. The cost of Qing dynasty's false pride was the fragile resistance in the modern war.

### **Feedback from Ms. Ngai Pan Yuk:**

The First Opium War had a significant impact on China's politics, economy as well as its culture. After the war, Hong Kong Island was ceded to Great Britain; after the war, a huge amount of foreign goods were imported to China to destroy the local economy. However, after the war, people understood the advanced Western technology and culture, officers of Qing Emperor even conducted the Self-Strengthening Movement, a series of western-oriented military and economic reform. Thus, the First Opium War is the beginning of the modern history of China.

# Should Euthanasia be Banned all Over the World?

3V Wong Ho Yin

Although technology is becoming more and more advanced, many diseases such as Acquired Immune Deficiency Syndrome (AIDS) still cannot be cured completely. Patients with these maladies always suffer from different symptoms, for instance nausea, dizziness or a painful stomachache. Therefore, they may abstain from survivorship and, as a result, euthanasia is carried out. In my opinion, euthanasia should be banned because of sanctity of lives and it causes more suicidal cases.

First, our lives are given by God and our parents. Birth, age, illness and death are processes in which human beings should face. When people suffer from illness, they are required to face the serious consequences such as disability. These are the challenges given by God. People should have perseverance to overcome these difficulties. We should have a thought that lives are treasures which are given by our parents. Many pregnant women need to tolerate the pain for nine months and give

birth to the baby with a lot of predicament. Some babies are even aborted and do not have a chance to survive. So, we are very fortunate to be survivors.

Apart from sublime lives, euthanasia also encourages people to commit suicide indirectly. Many people always complain about how they hard it is to survive or face a lot of failures. But they may think that their carcasses will need to be anatomized. However, if euthanasia is approved, people can commit suicide without facing any consequences. Moreover they do not need to be dissected after death. Therefore euthanasia increases the mortality rate indirectly.

After looking into the above aspects of sacred lives and causing more people in the world to commit suicide, it is apparent that euthanasia brings more harm than good. Therefore euthanasia must be banned all over the world.

## Feedback from 5V Cheung Tsz Yan:

There is a wide range of appropriate vocabulary with sophisticated language. It has a clear standpoint and provides sufficient evidence in two major aspects. However, it would be even better to include counter arguments.

# Having a Home Office Results in Higher Job Efficiency than Working in a Company Working Place

4V Chan Hong

Good morning everyone. Today's motion is 'Having a home office results in higher job efficiency than working in a company working place.' My group, the affirmative side, definitely agrees with this motion. First of all, our home is a relaxing place for us to work. Once we are at home, stress and pressure will be off the shoulder. With a relaxing environment, people will become more focused and more creative since there is not much influence from our workmates which results in a higher job efficiency.

In addition, the working hour will be flexible. When we work in a company's office, the working hours have to be strictly followed. However in a home office, we can manage the time whenever we like. We can take a break when we cannot handle a huge amount of tasks. Think about this, is it possible for us to easily take a break when we work in a company's office? Absolutely not! Our boss will always keep an eye on us. In this way, will higher job efficiency be resulted under a poor physical and stressful condition? Besides, different people may work best at different periods of time with maximum concentration. We can choose to work at the best time for us with best mental

and physical status in order to work efficiently.

Furthermore, having a home office can save time and the cost to commute between company workplace. Therefore, we have more time for work which contributes to better job efficiency.

The opposition side may argue that there is a high chance of being distracted at home which would cause procrastination. Indeed, we cannot tell every home office worker to really work hard at their home office. However, can you guarantee all office workers are working hard in company workplace? There are other temptations, such as colleagues chatting with you, computers, etc. Can we focus on work when there are people who keep walking around and creating noise? Can we maintain high work efficiency? I hold a skeptical attitude, and will leave that to opposition side to explain to us.

In conclusion, a company workplace is just like a battlefield. There is no time for resting and we can only keep fighting. How can we achieve high working efficiency in such vile place? Only by working in home offices can we boost our job efficiency. Therefore, the motion must stand. Thank you.

## Feedback from 3J Lam Ho Yi:

I totally agree with your views and it is good to have a short conclusion to restate your overall point. The opposition side would argue that home offices have different temptations. I think that by giving reasons why home office workers would not easily give into temptations would make the argument even stronger.

# PE Lessons Terminated for Senior Secondary Students

4V Cheung Wing Man

Dear Editor,

I am writing in response to the article headlined “PE lessons terminated for Senior Secondary Students” in the South China Morning Post dated 1st November 2011 and would like to discuss the importance of PE lessons and make recommendations to schools.

In my view, PE lessons should not be terminated. To start with, physical fitness is one of the most essential elements of leading a healthy lifestyle. This helps students maintain their figures and develop their muscular strength. Without exercising, it is likely for them to become obese. This can negatively affect their daily routines and mental and physical health severely.

In addition, Senior Secondary students often have tight schedules. Needing to focus on Other Learning Experiences (OLE), those students have little time to exercise. With PE lessons, they can put everything behind for about thirty minutes to exercise.

Moreover, students are usually under heavy pressure. In order to relax, PE lessons can be a great distraction for them to play sports, instead of studying. So, students can achieve a balance between their studies and health.

Since sports can be played individually or in a group, participating in team sports helps to develop a sense of teamwork among students. While playing team sports, every team member has to work with others to win. Then, they can learn how to organize themselves and function together.

Therefore, I would like to give recommendations to those schools that decide to cancel PE lessons. Firstly, the schools can organize PE lessons on Saturdays. This will not interfere with the regular timetable. At the same time, students can have a great start of the weekend by exercising.

Secondly, the schools should allow students to play sports which are of their interest. If schools only introduce one or two kinds of sports, it is quite possible for students to feel bored and uninterested. So, a large variety of sports should be introduced to students.

In order to let students build up an interest of playing sports, the school can set up an award system to praise students who perform well during PE lessons. It is advisable for the school to give out awards for students with active participation or improvements throughout each team. This leads to a major boost in

self-confidence and is very important for the development of a person's character.

In conclusion, PE lessons should not be terminated. It is crucial for the personal growth of adolescents. The self-confidence and team spirit they receive from playing sports are

valuable life-long experiences. I sincerely hope the schools that plan to cancel PE lessons will reconsider this decision.

Yours faithfully,  
Chris Wong

**Feedback from 3J Ho Tsz Kwan:**

I also have the same point of view as a secondary school student. This is a nice passage as the points stated are clear, impressive and convincing.

# Effective Ways of Studying

4V Li Wing Hei

Good morning principal, teachers and fellow students,

Today, I am delighted to share with you about the effective ways of studying. Some of you may already know me but for those who don't, allow me to give you a bit of my background. My name is Chris Wong, I am the head prefect of our school. My talk will be divided into two parts – the effective ways of studying and the ways to avoid temptations.

There are many ways to study effectively. For example, it can be as simple as setting up and following a timetable. In this way, we can know clearly which subject to do revision on and at what time. On the other hand, making revision notes is quite important for memorizing the key points of a subject. In our revision notes, we should jot down the key points instead of writing them in the form of paragraphs and elaborate them during the examination. In addition, we should develop a regular habit of reading books. While we are reading books, we should jot down some useful vocabulary items and keep them in a vocabulary book. In this way, we can learn a lot of useful vocabulary.

Having looked at the effective ways of studying,

let's move on to the next point – ways to avoid temptation. First, stay away from computers while doing homework and revision. We may study in a place with fewer distractions such as in the self-study room or the library. Secondly, we can invite our parents or teachers to accompany us during our revision time. In this way, we cannot escape from their eyes and therefore be able to concentrate on doing revision. Thirdly, we can form study groups with several students. In this way, we can help each other when someone has problems on a subject. Last but not the least, if we face any difficulties, we could turn to our teachers or classmates for help.

To sum up, setting up and following a study schedule, making revision notes, developing a regular habit of reading books and keeping a vocabulary book are ways of studying effectively. Staying away from computers while doing revision, inviting parents or teachers to accompany us, and turning to teachers or classmates for any problems are ways to avoid temptations. I hope the tips I have shared with you will be useful to you in your study.

Thank you.

## Feedback from Mr. Wong Hon Chi:

There are many ways to improve students' effectiveness such as choosing a suitable method to study. It is nice to see Thomas giving us some practical revision strategies. However, what is the motivation of our students in learning? Everything we do flows from our hearts. Effective ways can only be effective if the learners are eager to learn.

# Rising Stars VS a Fallen Star

5J Lai Mong Hay



Hong Kong cyclist Lee Wai-size with her kairin bronze medal. Photo: Felix Wong



China's Ye Shimen wins the 400 metres individual medley. Photo: Reuters



Liu Xiang tumbles to the track in his 110 metres hurdles heat. Photo: Reuters

The curtain came down at the Olympics last week. The Chinese Sports Minister said it was a great performance for all the national athletes and surely deserved everyone's admiration. One of the surprises of the Chinese Olympics team was unquestionably the swimming twins, Sun Yang and Ye Shiman. Despite their first-time appearance on this international competition, both of them became double-gold medalists after the fierce competition. However, sorrow issues are often unavoidable. The most shocking news was without a doubt Liu Xiang's withdrawal. This broke every supporter's heart. To begin with, Ye and Sun proved that not only are the westerners able to succeed in the swimming ground, but also the Chinese! Their outstanding performances were not out of the blue. Athletes receive a limit of only several days in the entire year as "holidays"! Can you imagine how much dedication and diligence they have? Also, concerted efforts of swimmers as well as their coaches' dedication were significantly crucial. The coaches were responsible for the technicality aspect and to develop a well-planned system to train the sports players. "Actually it is a really, really complicated task," said one of the team members of the training group. Such a

breakthrough in achievements of the Chinese swimming history can unarguably encourage officials to allocate more resources on the swimming field. For the athletes themselves, Ye and Sun are becoming one of the most popular idols of teenagers. Countless interviews have been conducted and they are able to share their successful experiences with their fans.

On the contrary, despite the birth of two swimming champions which boosted the Chinese emotion to the max, Liu Xiang's accident disappointed all the Chinese the second time.

As a fan of Liu Xiang, I was looking forward to seeing him strike back in London and winning the race beautifully, just like the occasion in Athens. However, the dream didn't come true. The familiar picture appeared in front

of the audiences – Liu Xiang couldn't pass the first hurdle and fell down dramatically. However, this time he didn't leave the track immediately but used his uninjured left leg to complete the remaining track. Although he lost the opportunities to qualify, he didn't lose the Olympic spirit to do his best. This, undoubtedly, deserved everyone's respect.

Now, our superstar just had his massive surgery completed. I hope this could really be Liu's very final operation before his retirement. Notwithstanding the extreme difficulty in his road of recovery, it is absolutely every Chinese's wish to watch him sprint on the hurdle track hereafter. Rising again is possible for him. Liu Xiang, you should never, ever give up!

#### Feedback from Mr. Lee Kai Wai:

With courage and determination, we can succeed. Just like the athletes, we will always face challenges along the way but we should always do our best and never give up. Apart from that, supporting each other is also a crucial element to success.

# As I Was Walking Home

5J Charles Huang

The seemingly endless lessons have finally ceased, I am now free to go back home to my fortress. By the time I went through the school gates, the sky was already pitch black. My eyelids started to droop as exhaustion finally kicked in. From my hazy vision, the world seemed darker than usual, it was as if the world had been consumed by darkness, however something shone brightly among the emptiness. In the sky, hung two stars, the first glimmering radiantly, as if it was encouraging me to continue walking, the other glowing tenderly, comforting me with its gentle rays. Although the latter was overshadowed by the first, I seemed to have taken a liking to it, maybe because it was like me.

I remember when I was young, my sister shone with the utmost brilliance, her smile and uplifting attitude captivated many. She excelled

in all areas, and as I was just a year younger, comparisons were unavoidable. As a result, I trailed in her success, living a life as "her brother" until we took different paths.

Now that I think about it, I could never compare with her on many aspects. However, once people started to treat me as myself, I shone in my own way. I just did what my conscience told me to do. I guess I just could not turn down any requests that were made to me. Like the glowing star in the sky, I do not wish to shine brightly. I would rather comfort people after a tiring day, always being there, accompanying them on their journey back home.

People, like stars shining in many ways, the brighter is not always the better. We must thus appreciate everyone for their long suit instead of comparing their shortcomings against others.

## Feedback from Ms. Cheung Piquand Arlette:

We often experience being compared to someone else, and sometimes tend to feel bad about ourselves, as we may be brought to consider that the other is better than we are. This is very well expressed indeed in this poetic and heart-felt piece of writing. It is most true that each and every one of us is very special and can find a particular strength and ability to contribute to the common good, thus proving to be an individual asset to our community. So let us never waste our time and energy on feeling outshone by others. Let's find a way to share the best of ourselves with others instead.

# Gossips

5N Pang Shui Yan, Tam Ching Yung and Yau Nga

Do you want to hear some gossips? You might be tempted to say yes even though you know that they might not even be true. The fact is that gossipers are everywhere, and even in the workplace.

What are gossips? Gossips are idle talks or rumors, especially related to the personal or private affairs of others. It is a common means of sharing facts and views, but it also has a reputation for introducing errors and variations into the information transmitted.

As we all know, curiosity is part of human nature. Where we have communication, there will definitely be rumors. The main reason is that we just feel bored. We want to update ourselves about our friends and sometimes people and to create a rumor with a purpose whether we like it or not.

Gossips do have negative effects that we should take into consideration. Some people use gossips to destroy a person's reputation. This might even cause him/her to lose his/her job. And the gossipers will take every opportunity to be promoted or win the trust of the boss.

Another problem is that gossips may damage

the relationship among colleagues and cause conflicts due to misunderstandings and false information. It affects their work incentive and performance at work because they cannot cooperate well. As a result, this will reduce the company's efficiency and productivity.

Apart from these negative effects, there are some benefits of gossiping. Since good news travels fast through gossips, some bosses make use of this to communicate with employees. Such good news might be about a wage increment or promotions. In this way, it can boost the motivation of employees.

Moreover, gossips can be used to break the ice and create a friendly environment. People can interact in a way that does not involve work. People can discuss interesting topics to build up a good relationship with colleagues. This can create a better working environment.

Gossips are inevitable since gossipers are everywhere. Everyone is always curious to hear about interesting news. Although gossiping can be fun and beneficial, we do have to be aware of the negative consequences of gossiping. So the next time you hear or share a gossip, let's try not to go too far with gossips.

## Feedback from 1J Liu Hoi Lam:

The writers are very precise as to what gossip is.

The article is very convincing. It leads us to the thought of whether we should gossip with our friends or not, because friendship is about trust and loyalty, and gossip ruins it.

# Important Soft Skills in the Workplace

5N Tam Ching Yung

Recently, I attended a workshop about the soft skills in the workplace organized by my school's career centre. I have learnt so many things from my career counsellor. Therefore, I would like to share two essential soft skills with all of you.

The first skill I would like to talk about is – the desire to learn. When we were born, we didn't know much about anything. Therefore, we have to learn everything step by step to become mature and independent. In fact, we are all new and fresh after graduating from college. We don't have much working experience, just like a new-born baby who doesn't know much about the world. Therefore, we need to have the desire to learn. Take walking as an example. If a baby didn't learn how to stand up properly before he walks, he would tumble and fall over easily as he didn't learn the basics. That's why we need to have the desire to learn to prevent ourselves from failing in the workplace.

In addition, practice makes progress. Nobody is perfect and we make mistakes. We are sometimes so naïve that we make stupid decisions. Everyone does. But the most important thing is that, we should learn from our mistakes. People will forgive you if you do something wrong the first time, but they

will for sure blame you on making the same mistake twice. Imagine if you don't have the desire to learn from your mistakes, while your counterparts are making constant progress, you are already falling behind in this highly competitive world.

Also, if you have the desire to learn from more senior colleagues who possess more working experience than you, you will have an advantage. Because they are more knowledgeable about the job nature, they will be able to solve the problems that you may encounter sooner or later. For example, they will have a better solution to handling a customer's complaint. They are well informed of the market trend. They also know the key to getting a successful business deal.

The second equally indispensable skill that I would like to talk about is – effective communication skills. As you know, communication is the most direct connection among people. If you fail this skill, you would never get the good opportunities to get a promotion at work.

When you go for a job interview, you ought to have good communication skills as it is the most basic step for you to fill the vacancy.

The way you present yourself will affect your boss's first impression towards you, and this is a crucial factor which decides whether he/she accepts your job application or not. If you don't have good eye contact, if you don't use a confident tone, if you don't communicate your ideas effectively, I'm sure he/she will not appoint you at the end of the day. That's why communication skills are essential in the workplace.

Nowadays, the major industry in Hong Kong is service-based and good communication skills guarantee you a better prospect. Not only do good customer services boost your sales profits, but your clients will also have more confidence

in you and also loyalty in your company. On the other hand, if you don't communicate your ideas well, the patrons may perceive you as unprofessional, and will result in a poor word of mouth. Similarly, if you convey an impatient attitude while you interact with your clients, you may not only lose your clients, but you may also receive a complaint letter.

All in all, the desire to learn and effective communications skills are of vital importance for you to succeed in the workplace. I hope this article is useful and I wish you every success. Good luck!

#### Feedback from Mr. Tang Ho Man:

Indeed, the two soft skills mentioned here in Vivian's article is crucial in any workplace in the everyday society. I would like to add to Vivian's points is that not only these soft skills are important to one's career path, they are also important to one's relationships with his or her family and loved ones.

# Why is READING so Important?

5J Luk Guan Ling

“Here are some books. Read them!” This is what my mum always asks me to do. So why do I have to read? Books are just thoughts and a whole lot of paper and ink.

## **What is the point of reading?**

Most of us started reading at a pretty early age. For example, textbooks have been accompanying us all the way through our many years of education. So why read? It is simple. It is to enrich one’s ability. Reading is fundamental to function in today’s society. If you cannot read well enough to understand instructions or have difficulty in reading signs, it will seriously shake the foundation of the society. Knowing how to read also indicates you know the words — spoken and written— are the building blocks of life. You are, right now, the result of words that you have heard or read. Even families, relationships and nations are built from words.

## **What is the importance of reading?**

To begin with, it develops the mind. Mind works as a memory as a muscle. Understanding written words is one use the mind grows in its ability. It also develops listening skills. Lack of listening skills can result in misunderstanding, which causes embarrassment or minor conflict. Moreover, you will find yourself exposed to many new words during reading. It improves

one’s spelling and expands one’s range of vocabulary.

Seeing how words are placed in different contexts gives us a better understanding of the word usage. It also helps us build up our writing abilities. Other than achieving academic success, you will discover new and surprising things through reading. Books, magazines and the Internet are great learning tools which cover a wide range of topics. They also store an enormous amount of information and give you a glimpse into overseas cultures and places. Amazing stuff pops out from time to time.

Furthermore, reading enhances one’s concentration and focus. Focus is of vital importance when you read for a long period. Unlike magazines that contain small chunks of information, books tell the whole story. Since you must concentrate in order to read, this improves your attention span. Finally, reading boosts one’s imagination and creativity.

By reading more and exposing yourself to a completely new level of knowledge, it is quite possible for one to integrate and come up with more creative ideas. As I have mentioned previously, reading helps stretch your memory muscle. You will be able to remember detailed figures and facts, which is an important process

that stimulates your imagination.

Reading is a convenient hobby. Reading keeps us occupied and leads to a fruitful use of time. Books are excellent sources of recreation. But most importantly, they are portable. You can take them everywhere you go. As such, you can learn almost anywhere in your own world of and let the book take you to a different world.

### **Read wisely!**

From bookstores to public libraries, there is a wide variety of books for us to choose from. However, not all books are suitable for us. As a wise reader, one should choose books of insightful and independent views, as well as those of enriched concepts and knowledge. Have fun reading!



#### **Feedback from Ms. Liu Tin Lei:**

We need to read different books, just like how we need different friends in our lives. For some, we can find tremendous knowledge; while from the others, we just can't resist the fun and laughter they can offer. I can't agree more with Wisely that we should read wisely in the same way we carefully choose our companions. Great books definitely help us become great individuals.

# Social Networking Sites – Angel or Devil?

5V Chu Sing Yung

Do you know social networking websites like Facebook or Twitter would quadruple our time to finish an easy task? But recently, psychologists found that these sites can help people to boost their creativity and clear away mental detritus, letting us see an issue through fresh eyes. The process of engaging in Facebook activities can actually help put scraps of information together and allow new ideas to emerge.

In our daily lives, these websites are usually regarded as obstacles that would hinder the progress of our work. Moreover, most bosses do not welcome their subordinates to go on such sites during work hours as they will easily be distracted from their tasks, and will probably slow down the pace.

Yet, from now on, we should try to look at social

networking sites from a different perspective, especially for those whose work requires creativity and innovation. As research studies discover that the participatory nature of Facebook and Twitter makes them excellent tools for supercharging creativity. These sites give users a chance to fine-tune their wit as they try to grab other people's attention. They can claim that these interactions will not only help them digest new information, but will also give them inspirations and enhance their imagination.

As a matter of fact, going on these websites is beneficial to improving the relationship between colleagues because it can strengthen the bonds between co-workers through more in-depth mutual understanding. It definitely does more good than harm.

## Feedback from Mr. Chu Kit Yan:

Youngsters nowadays cannot live without social networking sites. It is amazing to see Nath being able to present both sides of the story in a well-organized and systematic way. As he pointed out clearly, whether social networking sites are friends or foes indeed depends on the users' attitude. It is very important to generate a good attitude as much as possible. By doing so, short term and the long term happiness for yourself and others will come naturally.