

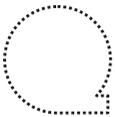
half hollow-solid inside is its specialty. Different colours and flavours have been released in the shops to attract more customers for such tasty egg puffs.



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Student's feedback: 1P Lam Wing Yan

Egg puff is one of the famous and traditional street snacks in Hong Kong. Most of the foreigners would like to taste it when they are having holidays in Hong Kong. Besides the original taste, there are chocolate flavour, honey flavour, green tea flavour and so on. I like eating egg puffs because there are lots of flavours to choose from.

Home Economics: Hong Kong Cha Chan Tangs

Cheung Chun Yat, Cheng Yu Haang, Lau Chun Long, Pang Chun Yat
(2 Saturn)

Cha Chan Tang (茶餐廳) is a typical place for enjoying food in Hong Kong. It is also recognised as a local culture. As it is so interesting to us, we are going to research about it.



Our division of labour

Frankie and Ronald looked up for the information from the library while Edward and Jacky surfed the Internet for others. Frankie was going to conduct an interview with his grandfather, who has worked at Cha Chan Tang for years.

Our findings

Ronald has got a book called “The History of the Restaurant”. It tells the food that people ate in the past and also introduces some food which has disappeared. Jacky found a website called “The Famous Food at Cha Chan Tang” and found that egg custard tart and milk tea are popular items in Cha Chan Tangs. Edward borrowed a book about the style of Cha Chan Tangs from the public library. We learnt that the style of Cha Chan Tangs changed a lot.

Introduction

Cha Chan Tang was called bing shi (冰室) in the past. It appeared half a century ago. Governed by the British government as a colony, Hong Kong was affected by the Western culture. Many Chinese people liked to have coffee at that time, but it was very expensive to enjoy a cup of coffee at hotels. So, they had it at their local restaurants which we called Cha Chan Tang. It is totally original in Hong Kong which is slightly different from the other fast food shops. Food here is cheaper with more varieties.

The first Cha Chan Tang in Hong Kong

The first Cha Chan Tang in Hong Kong is Tandao Cha Chan Tang (檀島茶餐廳). It still exists and the main shop is located at Wan Chai. The egg custard tart and milk tea are very famous among Hong Kong people.

Typical food at Cha Chan Tang



1. Egg custard tart (蛋撻)

With the egg custard filling and pastry, this just costs a few dollars for each.



2. Milk tea (奶茶)

Tea is prepared in a pot and filtered through a stocking like net, usually mixed with milk. A smooth taste and rich tea flavour found is a good cup of milk tea.



3. Pineapple bun with butter (菠蘿油)

This is a sweet bun without any pineapple inside. The shape is like a pineapple. People would like to have it with a thick slice of butter in Cha Chan Tang. When it's just baked, the bun is soft with a good smell and the butter will melt a little once it is put on top.

The New Cha Chan Tang

1. The layouts: The furnishings are more modern which the lighting, seat have been designed.
2. Type of food: Not only egg custard tarts, milk tea and pineapple buns, but also some Chinese stir-fries and fusion dishes are introduced to the Cha Chan Tangs.
3. Service: In the past, most were processed by manpower. Now, many Cha Chan Tangs are managed by computers and are becoming a chain business.

Present



Past



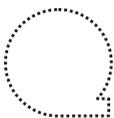
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Student's feedback: 1J Sze Ho Ying

After reading this report, I learnt more about Cha Chan Tangs' information and some typical food sold at Cha Chan Tangs. Also, our schoolmates have introduced Cha Chan Tang's History clearly, which helps me understand more about the origin of pineapple bun as well as how to make egg custurd tarts. I start to feel hungry now.



Home Economics: Appearance Before Taste

Chow Yi Ka (2 Saturn), Liu Wing Sze (2 Pluto), Chan Wing Lam (2 Pluto)

Starter: Pan fried dumplings
Soup: Watercress and potato soup
Main Course: Japanese rice dumplings
Dessert: Mango mousse

How can we make delicious pan fried dumplings? The key lies in the shaping of the dumpling wrapping. This is because the way of wrapping depends heavily on the method of cooking. If we boil the dumplings, they should be shaped like a Yuan Bao which signifies happiness and luck during festive celebrations. However, if we pan fry the dumplings, we must make sure the filling can be heated evenly while ensuring that the edges of the wrapping is locked. It is also not easy to make the dumplings stand nicely on the plate while serving. Therefore, we must add enough oil and pay attention to the control of heat. Otherwise, it would be a waste of our effort.

What is the secret of a pot of watercress and potato soup? The key is patience! From washing the vegetables to chopping the ingredients, every step requires lots of effort. You must examine every leaf of the vegetables to avoid impurities and plant worms. The potatoes must be boiled thoroughly to bring out the smooth texture. The ingredients should be put into the water slowly and evenly so as to ensure the best colour and taste.

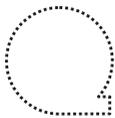
Which step is the most important in making Japanese rice dumplings? The most crucial step is to make sure that the rice is fully cooled down after cooking before we add any ingredients. If the sashimi and the seaweed are added when the rice is still hot, the fish will not stay fresh and the texture of the dry seaweed will change, which affects the taste of the rice dumplings badly. A rice dumpling without fresh ingredients is not traditional and it will not leave a good image on the eater.

How do we make a smooth mango mousse like a cheese cake? The secret is all about dissolving the gelatine. The water must be heated enough so that all the



gelatine powder is dissolved completely. Stirring is also another important step. The stirring movement must be kept at a steady pace in order to mix all ingredients well. After mixing all the ingredients together, it has to be frozen in the fridge at the right temperature to bring out the best taste.

The above four dishes were what we made for the Joint School Cooking Competition earlier this year. We did not only learn how to make them, but we also learnt that we should cooperate as a team. Without good collaboration, we could not have completed our task. Even though we did not win the competition, we were very grateful to Miss Lok who gave us a lot of support and advice throughout. Thank you very much.



Teacher's feedback: Miss Lok

It was so impressive that the students could create a fusion set of meal on their own. They have fully applied their techniques of what they have learnt in their daily Home Economics lessons. Even though they did not win this time, their effort was worth a big applause.



Integrated Humanities: The Effects Of Globalization

Lam Ho Ki (2 Venus)

Globalization refers to free flow of economic resources and factors of production such as commodities, labor, capital and information across borders, which creates increasingly integrated world economy. It allows international trade and thus enables people to enjoy varieties of goods.

Firstly, I can say globalization can benefit the whole world because it provides more job opportunities, increases the production of goods and increase the flow of capital between countries. It also offers exposure to other cultures, encourage the exchange of factors of production and weaker power of authoritarian governments. Globalization enables more trade opportunities and it increases competition between countries. As a result, countries need to produce high quality products in order to be competitive in the world market.

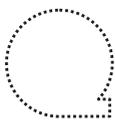
Secondly, globalization can promote technology exchanges from different countries. We can use Microsoft applications and soft wares, air conditioners, televisions, computer games which are all designed from other countries. We can also search information of different countries from the internet. It brings convenience to our daily live.

Thirdly, globalization can improve the economic growth in developing countries. China has a huge population and it provides cheap labour. It can attract foreign investment. For example, a U.S. toy company wants to set up a factory in China in producing toys. They need to build good infrastructure such as roads and railway networks linking to the city centre, also they need to build facilities for the workers. The improvement in infrastructure can help the area to develop faster and can promote economic growth. All the above points can prove that globalization can benefit the world.

On the other hand, globalization can bring negative effects to the world. Globalization will lead to exploit workers, cause unfair competition, widens the gap between the rich and poor. For example, the Korean farmers do not

have the subsidies on their farming products from the government, so they have to sell their products in a high price when compared with developed countries, which reduces their competitiveness in the world market. This affects their lives and lowers the standard of living. This also widens the gap between the rich and the poor, causing an imbalance in the whole economy.

In addition, globalization also destroys the traditional cultures. I think traditional cultures are very important for a country. For example, Chinese people used to wear traditional clothes, but now most of them like to wear T-shirt and jeans because of the cultural influence.



Teacher's feedback: Miss Fung

I think this is a very good piece of work. The passage is closely linked and is very structured and organized. She has used a lot of good ideas and examples to explain each of the points clearly. Besides she has applied real world examples such as Korean farmers in developing countries and the subsidies from U.S. government in developed countries to compare the differences of how globalization can benefit or harm the whole world. Well done, Elky!!



Library: Reading Scheme Success

Tater Juhi (1 Saturn)



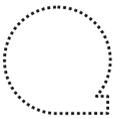
Our school's Library has introduced a reading scheme called 15-Minute Reading Programme to help students to become good readers. This scheme is really helpful to all students.

Each student received a booklet, that is the Reading Record, and all need to collect stamps from the Reading Ambassadors. Students need to read for 15 minutes or more in order to ask the Reading Ambassadors for a stamp. The more they read, the more stamps they get. Students need at least five stamps per week to pass. If they fail to get five stamps per week, they will be invited to stay after school in our school Library to read. The highest record of stamps collected per month is 98 stamps from Wendy who is from 1 Saturn class. Brian from 2 Jupiter class also read a lot and obtained 92 stamps. They had the highest number of stamps in the month of May.

There are two Reading Ambassadors in each class, and altogether there are 20 Reading Ambassadors in the school. They are chosen by our teacher Librarian, Ms. Tam, and all Reading Ambassadors are doing their job extremely well. After this new reading scheme was introduced, many of us think that the reading habit of our students improved. They hope they can

continue reading many books every day!

Apart from being a Reading Ambassador, I am our school's student librarian. I am extremely glad to be a part of this team and I hope that I can help those students who are not good at reading to read more. I always encourage my fellow schoolmates to read more because it is important for us to obtain knowledge. I'd like to thank Ms. Tam for always encouraging me and other students to read. I am very grateful to her because she chose me to be a Reading Ambassador and a Librarian which helps me to build up my self-esteem and sense of belonging to PLKLFC.



Student's feedback: 1P Lam Wing Yan

After the 15-minute Reading Scheme has been introduced to all students, our reading skills have improved a lot. During the reading time, all of us read the books patiently. Through this programme, we learn how to be patient and know the importance of reading books every day. This scheme is really useful for us.